



Manasquan High School

The Blue & Gray

Dracula Searches for Blood at MHS

Senior Alex Kave leads the MHS
Drama Club cast as it presents Bram
Stoker's classic, Dracula

Fall 2019 *also in this issue*



The Kates Rule!

Juniors Kate Capodanno and Katie Hallman
Win Best Duo in Halloween Costume Contest

New principal Mr. Goodall takes the reins at MHS!

Seniors RaLee Wall and Jane Hamilton Place 2nd at STEAM
TANK Challenge state competition

Another Championship season for Surf Team...6th straight!

Mr. Hyland grateful for training room upgrades

Football team wins but Squan loses to Point in The Tug

Mrs. McHugh helps students explore the universe

Annual Blood Drive helps save lives

New teachers join MHS staff



The Blue & Gray Manasquan H.S.

Volume LXXXVII

Issue One / Fall 2019

Principal:
Mr. Rob Goodall

Advisor:
Mr. James Mawn

Staff:

- Ginger Brown
- Colleen Dickenson
- Matt Driscoll
- Emma Franke
- Catie Hersh
- Connor Mawn
- Eden McBride
- Erin McBride
- Cristian Mendoza
- Ryan O'Connor
- Michaela Pollock
- Tanner Schmidt
- Tommy Shaughnessy
- Kelsey Woodford
- Ciara Woodrow

New Principal Mr. Goodall Introduces Himself to MHS

By: Erin McBride

Roughly two months into the 2019-2020 school year, Principal Goodall has established his new role at Manasquan High School. He has made his presence known by hanging out in the hallways and interacting with students. He has introduced some new ideas like “wear your college sweatshirt day” and “wear your favorite team jersey day”. And he has emphasized security by implementing new rules regarding entrances, lockers and supervision.

Principal Goodall recounts his experience at Manasquan High School so far as outstanding, both personally and professionally. “I needed something different,” he says about leaving Monroe High School, noting that in the business of education, people rarely change jobs. “I was very fortunate to come to this position.”

He credits Manasquan High School as “the crowned jewel

in the Jersey Shore for being a principal,” because of its great balance of history and tradition, along with exceptional performance by the students. With a laugh, he says, “A lot of people who would have loved to have this position were contacting me: ‘How did you get that?!’”

Principal Goodall has introduced a Principal/Student Liaison so that students can discuss issues they are passionate about one-on-one with the principal. Mr. Goodall said the liaison was created “to allow for students to have a different perspective on their building principal” and to establish rapport between teenagers and adults.

The 10 members were selected from 9th-12th grade. Representation for all students is ensured, as the liaison consists

continued on page 4



Above: Members of the liaison, including Mr. Goodall (head of table) and (from left to right): sophomores Ava Chiarella and Anthony Hartwig, juniors Nick Peeples and Maci Black, and senior Kieran Flanagan.





Annual Halloween Celebration features Gru, Minions, and More!

By: Catie Hersh

On October 31st, a great deal of MHS students and faculty from entered the building, smiling, laughing and flaunting their funky costumes! From a blow-up kangaroo suit to a parade of minions, each and every individual displayed their creativity and passion for the spooky holiday.

After first period was over, the entire student body gathered in the gym to enjoy the Halloween contest. Students were welcome to join the competition and enter themselves into one of three categories for best costumes: individual, duo, and group. Winners were chosen by a combination of teachers and audience response.

For the individual category, a handful of students who walked the perimeter of the gym to impress the judges had jaw dropping attire, but the costume that stood out the most was the Dinosaur inflatable, worn by sophomore Anthony Hartwig.

For the duo category, several pairs battled for first place, such as the Senior Citizens, RaLee Wall and Jane Hamilton, but it was juniors Kate Capodanno and Kate Hallman who took the prize home with their creative shout-out to Dr. Seuss: Thing 1 and Thing 2!

For the last category, the group “Sexy Girls,” otherwise known as Warrior football players wearing wigs and dresses, shocked the judges. Seniors Tommy Shaughnessy, Charlie Sawitsky and Garrett Terlizzi made sure they kicked off their last Halloween contest at MHS with a bang by winning the group category. “It was a very last minute decision dressing up as girls, but when we won, it was very exciting and we all felt good about ourselves,” Tommy said.

Each winner received a goodie bag filled with many different kinds of delicious candy! Great job to everyone who participated! Never too early to start thinking next year...



At left (top to bottom): Sophomore Anthony Hartwig in his winning dinosaur costume; juniors Kate Capodanno and Katie Hallman won best duo; the best group was senior boys John Foreman, Charlie Sawitsky, Garrett Terlizzi, Chuck Armstrong, Tommy Shaughnessy, Alex Pilatos as “Sexy Girls”. Above: (top)Clever group of seniors dressed as “3 Blind Mice”; (middle) a kangaroo baby and a banana; (bottom) well-dressed “Senior Citizens”.

Environmental Club Gets to Work in October

By: Kelsey Woodford

There are an abundance of ways that you can take part and help protect and preserve our environment. If you are looking for an exceptional way to get involved here at Manasquan High School, the Environmental Club is for you.

The leading environmental Warriors are Mr. Wasnesky and Mr. Glenn, who organize and coordinate environmentally based activities, such as beach cleanups, stream testing and assistance to the garden club.

Most recently, the Environmental club participated in activities such as stream testing and beach cleanups during the month of October. For the stream testing, which occurred on Monday, October 21, students took samples of sediment from the water and sifted around to find as many organisms as they could.

“The stream testing was so fun,” commented senior Erin Lucid, “We tested for different organisms and got to wear waders and the weather was really nice with great people!”

Later that week, club members took to Manasquan beach, participating in the widespread beach cleanups on Saturday, October 26, sponsored by Clean Ocean Action. Eight students joined Mr. Glenn for the Beach Sweep in Belmar.

Not only do our Environmental warriors take part in community activities, but right here in MHS as well. Mr. Glenn, for example, doesn’t even allow single use plastic in his classroom.

Mr. Glenn says, “I can happily report that on the big TV’s throughout the school, we display tips on ways to reduce waste. The goal is to get people to use less plastic.”

If you are interested in joining the Environmental club, they are always looking for and welcoming new members. Go to the Science wing and find Mr. Glenn or Mr. Wasnesky, and ask when the next meeting is. You’ll learn a lot from them, and do something good for others.

“We are such a wasteful society, and no matter what, plastic ends up in the ocean,” commented Mr. Glenn about why students should get involved with the club. “Small things make a big difference.”



Above: Environmental club members at the Manasquan Beach cleanup, October 26. From left to right: Mr. Glenn, Liz Maloney, Hayley Petrosini, Bevin Cranley, Rich Maloney, Tommy Johnson, Danny Ligget, Andrew Chermak, Andrew Solomon. Below: freshman Lilly Bryant and Reese Hearon carry their garbage bags at the beach sweep.



Mr. Glenn’s Tips to Help the Environment

1. Only use reusable bottles and mugs
2. Make it a challenge to have your recycling be bigger than your trash
3. Don’t use straws if you don’t have to. They’re not necessary.

Mr. Goodall

continued from page 2

of student council members, athletes, art students, and academic leaders, a representation of various students in school. Principal Goodall said that he has learned through experience that if you’re only willing to talk to one group of students, you are not getting the perspective of the entire school.

Though he, in high school, was heavily involved in athletics and student government, he recognizes that there are many students who have a passion for other things such as the arts or academic clubs. At Monroe, which

primarily identifies with the arts rather than athletics, he discovered this diversity. “It was an awakening to me,” says Principal Goodall, “as someone who, as a kid, was not involved with that”.

He values seniority and grants the senior class privileges such as exemption from exams, which is now exclusively available to seniors. This was reportedly effective in other high schools, where seniors would discuss graduation, senior trips, prom, parking, and other important issues. “It’s important to hear your point of view,” says Principal Goodall.

Dracula Spooks MHS

By: Matthew Driscoll

From Thursday October 31st to Saturday November 2nd, the MHS Drama club presented Dracula, in the Jack Nicholson Theater. It was directed by Mr. Weisert and starred seniors Alex Kave, Jack Gray, Matt Dellegrippo, along with sophomore Sophie Creed and junior Brooke Stark.

The audience raved about how great all of the actors and actress looked and how awesome the stage looked. Erin McBride, the stage manager, said, "The crews, especially the tech and stage crew, were on top of things and helped the show run smoothly. It was very hard to make the show coherent to the audience because it is a very long play. It required music, special effects, and great acting to keep the audience's attention. Everybody did such a great job."

Dracula is a story that takes place in London and Transylvania in 1897. It starts when a young lawyer named Jonathan Harker, played by Jack Gray, travels to Transylvania to help a local nobleman, Count Dracula, played by Alex Kave, purchase an estate in England. But Harker gets a bad feeling from Count Dracula, and then suddenly is locked away in a room. Harker tries to escape because he realizes that Dracula is only keeping him alive to help him purchase this estate. He suspects Dracula will kill him afterward,



and ends up barely escaping. Meanwhile, in England, Harker's fiancée, Mina Murray, is with her friend Lucy Westenra. Mina notices two small red marks on Lucy's neck. Over the following days, Lucy becomes sick and is seen next to a bat.

Lucy goes into the care of Dr. Seward and Dr. Van Helsing. They drape Lucy and her room with garlic—a strategy used to ward off vampires. Still, Lucy soon dies. After her death, people see an appearance of a creature who is attacking children in the area. When Harker and Mina return to England, his accounts of Dracula lead Van Helsing



to believe that Lucy contracted vampirism from the count and is the one tormenting the children. In order to prevent further killing, they unearth Lucy's corpse, stake her through the heart, cut off her head, and stuff her mouth with garlic.

The group decides to track down Count Dracula. They find him and promptly cut off his head and stab him through his heart. Dracula crumbles into dust.



Junior Simon Cardenas was one of many people who was in the audience. He said he really enjoyed the play. "It was very interesting. I really enjoyed watching a lot of my class mates perform up on the stage."

Drama Club will be back on stage in the spring when they will perform Shrek, the Musical.

Former Student Donates Money to Upgrade MHS Trainer's Room

By: Connor Mawn and Matt Driscoll

If you have been in the gym this year, you may have noticed Mr. Hyland's new and improved training office. This alluring office has been remodeled, thanks to the generosity of former MHS student AJ Adamczyk.

This surprise came to Mr. Hyland over the summer. Wanting to give back to MHS and say "thank you" for all the help he received from Mr. Hyland back when he was a student and athlete, Adamczyk reached out with an amazing offer: a full upgrade to the trainer's room.

"I always wanted to give back to Mr. Hyland, it wasn't even a question," AJ said.

They had a "really good relationship," AJ said, and he can remember being in Mr. Hyland's office almost every day when he was in high school. Whether he was working on his throwing arm or just hanging out, AJ always appreciated what Mr. Hyland did for



AJ and Joe pose in front of the new office with Mr. Hyland by their sides.

him in school. And he never forgot it.

Today, AJ co-owns the up and coming sports rehab center Thrive, Spine and Sports Rehab located in Spring Lake Heights. AJ and his business partner Joe Marchitelli were inspired to open up a sports rehab center because of how much sports rehab helped them in their own injury recoveries

in high school.

They opened Thrive as a startup business in December, 2017. AJ and Joe met when they were both relief pitchers for the TCNJ baseball team. Joe and AJ always had chemistry on the field, but when each suffered substantial injuries like Tommy John surgery and knee surgery, they knew it was time to pursue a different career. AJ's father was a chiropractor, which was a perfect way for him and Joe to get into the sports medicine field.

Along with the generous donation from AJ and Joe, a number of other people contributed to the new training room. Technology specialist and Girls Basketball coach Mrs. Kukoda did all the art work for the fantastic new office. And Mr. Hyland's four student trainers, Peyton Rydalm, Haley Griffith, Daphne Nesney, and Madeline Popovitch helped to design and select colors for the office as well.

Trainer's Room: Before and After



Squan-a-thon Kickstarts the New Year

By: Kelsey Woodford

Squan-a-thon is getting a head start this year with some new and old festivities for the kids.

Over the summer, Squan-a-thon held two hit activities at Norton's Main Scoop on Main Street in Manasquan. Main Scoop was kind enough to donate 50% of the money made from homemade flavors for the cause, such as Squan Pride and as well as other classic flavors such as hard and soft serve chocolate and vanilla.

With this determined mentality, the Squan-a-thon committee was thrilled to start the school year with a bang. They kicked the year by selling rubber Squan-a-thon gold bracelets for a dollar, as well as blue and gold Pura Vida Bracelets for five dollars.

At the end of the week, it was then "Gold Day" throughout the school. That Friday, students and teachers rocked their Gold apparel to support the sensational cause. To kick start the weekend, the Squan-a-thon committee held a bake sale and sold a myriad of gold-themed goodies to get the school in the spirit, as well as raise some funds.

"We are really happy about the participation with gold day,"



Above from left to right: Mrs. Hoeler, Jack Cunningham, RaLee Wall, Erin Lucid, Liz Maloney, Matt Driscoll, Julia Maloney, Abby Storer, Kelsey Woodford, and Mrs. Basaman.

stated senior committee member Shealyn Murphy. "A lot of students, especially underclassmen, bought bracelets to show their support."

To keep the momentum going, Squan-a-thon continued to spread awareness at the October 5 home football game where the Warriors defeated Central Regional; talk about a great day for a win. The committee set up a table at the game, where they had a donation bin and flyers for upcoming events such as the OMG yogurt dine to donate and their annual Ugly Sweater Run.

In addition, the Manasquan cheerleaders were gracious enough to wear gold bows, and

designed a Squan-a-thon themed banner that the football team broke through to start the game.

"The table at the football game was a great success," said senior committee member Matt Driscoll, "We collected a lot of money and it was great how a lot of freshman were coming up to us and asking questions."

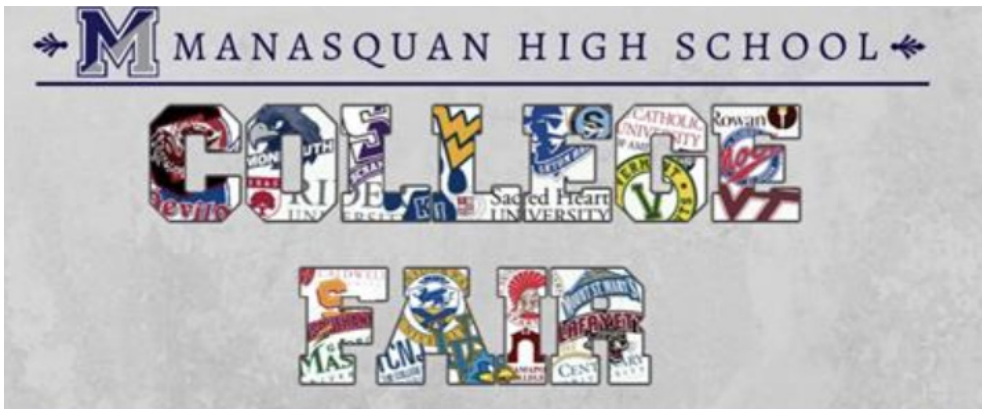
Speaking of freshmen, two of them, Jack Dawson and Charlie Mawn, have been donating half of their tips to Squan-a-thon while working at Spring Lake Pizza on Friday nights. "We are making really good progress so far," exclaimed Charlie and Jack. "We have \$145 in total!" They recently turned in their \$100 deposit, raising all of the money this way.

But this is just the beginning. Another upcoming Squan-a-thon event you should look out for is the the third annual Ugly Sweater run on December 7 at Manasquan Beach. Have fun, run, and raise more money for the cause!

Most importantly, if you are interested in participating in Squan-a-thon, turn in your dancer cards with your first \$20 donation, and start raising the rest of your \$200 or more!

Below left: Seniors Mary Meehan and Gimena Hernandez with Mickey Mouse represented Squan-a-thon at the Inlet Tug in October; below right: cheerleaders helping the Squan-a-thon cause with the #RFK banner at Warrior football games.





Over 60 College Attend MHS College Fair

By: Tanner Schmidt

On Thursday, October 3, MHS hosted representatives from over 60 colleges in the gymnasium, providing an opportunity for students to get an idea of what they want to do beyond high school.

Some schools highlighting the night were Monmouth University, Lafayette College and Villanova University. In addition, the New Jersey National Guard was represented as well.

"I think the college fair was pretty successful this year. We had a bigger turn out than last year. We had more students and parents this year and it was an overall success," said Mrs. Price on behalf of the MHS guidance department.

Mrs. Price explained the process, saying that Guidance will start contacting colleges in June, and will email upwards of 300-400 schools, with a follow up in September as they finalize which schools will attend. October tends to be a very busy time of year for colleges, so it's hard to get all of them to commit. She also mentioned that a prime rib dinner is offered to any representatives that attend, which is a nice incentive.

According to senior Matt

Driscoll, who went to the college fair both his junior and his senior year, it was an eye-opening experience. Driscoll commended Manasquan's guidance office for providing a wide variety of schools for students to learn about.

Connor Mawn, also a senior, agreed with Driscoll, and added that there was a school for all types of students there. He stated that Ramapo College and Rider University's displays had personally grabbed his attention, and that the New Jersey Army National Guard demonstration had many students engaged.

The college fair provides a great opportunity for many students to become enlightened on specific schools and the college application process. Many students though still have a lot more work to be do. Visiting colleges physically, researching schools online, and discussing options with parents are essential to the process as well.

Many schools and potentially more will return next year, providing a great opportunity for sophomores and even freshmen to begin their college pursuit.

Explore the Universe at MHS

By: Kelsey Woodford

Did you know that the stars we see in the sky today are over a million years old? That the newest stars are light-years away and unable to be seen? Well, you can see those stars in the Star lab that was set up in the MHS library from November 11 to November 15.

The Star lab is an innovative learning experience offered through Mrs. McHugh's astron-



Pictured above: Mrs. McHugh with the Star lab in the library.

omy classes for the past six years. How does it work? "A fan connects into a wind tunnel and blows up a reflective screening that turns into a planetarium," explains Mrs. McHugh.

The activity ties in various things that the astronomy students learn in class. "Mrs. McHugh showed us all of out

continued on next page

Squan Engineers and Inventors Continue Success at STEAM TANK Challenge

By: Matthew Driscoll

This is not your typical, old-fashioned learning from a book!

On October 22nd and 23rd, fourteen teams made up of 40 students represented Manasquan High school at the 3rd Annual STEAM TANK Challenge Finals in Atlantic City. A total of 33 teams from all over the state shared their inventions, and for the third consecutive year, MHS students reached the finals.

Ms. Edwards, director of the Academy of Engineering, said, "the teams have invented ideas to address real-world problems and utilize engineering practices such as working in teams and documentation."

Regarding our school's success the past two years, Ms. Edwards said that the students won 1st and 3rd prize in 2017 and 1st and 2nd place in 2018. "I am confident that we will continue the winning streak this year," she added.

MHS senior RaLee Wall was one of the many finalists traveling to Atlantic City. For RaLee, it was her second year in a row reaching the finals! After



Seniors RaLee Wall and Jane Hamilton show their plaque for winning second place in the state competition.

placing second last year, she had high hopes to win it all this year. That goal didn't happen, though, as RaLee and her partner Jane Hamilton earned second place again. This success was nothing to be disappointed about!

RaLee said that her design is, "A biodegradable cast that has an integrated cooling system for swelling. This design is innovative, and it could really help people in the future if it becomes real, which would be super cool."

Participating in the STEAM TANK Challenge has been an exciting part of RaLee's high

school experience. "I enjoy going to Atlantic City to participate in the STEAM TANK Challenge because you get to see not only our school present their ideas, but also the rest of the projects from all over the state," RaLee said.

She also added that she is pleased to be working with her partner, Jane Hamilton, this year. "I am happy I got to recruit her for states. She has been awesome so far."

In the first year of the STEAM TANK Challenge, 36 MHS students participated. This year the number grew to 121 students. Ms. Edwards credits Ms. Kozic for bringing many Academy of Health Careers students into the project. Mrs. Kozic got a lot of girls to participate the past couple of years, which is awesome for those girls and for the school.

"My favorite part of the STEAM TANK Challenge is all of the cool ideas that our students come up with. The students identify the problem themselves, so they are very passionate about it," Mrs. Edwards said.

Congratulations to all participants for their success and all of their innovative ideas.

Star Lab

continued from previous page

The purpose of the star lab is to expose students to a new way of learning. "It's just a fun and different way to study the night sky," said Mrs. McHugh, about why she is motivated to bring the Star Lab to our school. If you wish to be part of this exciting learning experience, take Astronomy next year to have your chance to crawl into the star lab, see the stars that ordinarily are invisible to the naked eye, and learn even more about our infinite sky!

astrological signs and showed us where we can find them in the sky," commented senior and Astronomy student Ciara Woodrow. "We also learned about the Greek Mythology behind the stars like O'Ryan's belt."

MHS Hosts 10th Annual Blood Drive

By: Michaela Pollock

Senior Olivia Fuentes was just one of many MHS students who participated in the Academy of Health Careers' annual Blood Drive.

"It feels really good to know I'm helping save someone's life," Olivia said while she was checking in. She hopes to continue saving lives as she pursues a career in the medical field as a midwife after college.

Olivia was only a small part of the overall success that the annual MHS blood drive enjoyed this year. Held on November 12, thirty donors gave blood, helping to save 150 lives.

"I was pleased," said MHS organizer Mrs. Kozik.

"It's very successful," she added. "We're the top high school blood drive in New Jersey," said Mrs. Kozic, one of the Health Careers Academy teachers and the overseer of the blood drive. "We have one in the fall and one in the spring which usually accumulates about 50-60 students."

The numbers were slightly lower than in past years, according to Kozik, but a field trip on the same day may have been a factor. Plus, more students will be 17 years old in the spring, so more will be al-



Above (from left to right): seniors Emily Scranton, Gimena Hernandez, Olivia Fuentes, Sophia Loria, Ashleigh Sharpe, Mrs. Kozic, RaLee Wall, and Paige Re-ichy. As members of Warriors for Wellness, Donate Life Club, and the Academy of Health Careers, all helped to sign in donors and donate themselves.

"They did a great job," Mrs. Kozik praised.

The New Jersey blood supply has reached all time critical low with only 2-3% of the population donating blood out of a 60% eligibility.

lowed to donate.

The MHS blood drive is now in its 10th year of working with the American Red Cross. Back in 2009, the Academy of Health Careers put together the first blood drive, and was soon joined by the Warriors for Wellness Club, led by Mrs. Kozik. Then last year the Donate Life Club, created last year by senior Devin Norton, joined in organizing the drive.

Mrs. Kozik's senior leaders this year are Ashleigh Sharpe and Emily Scranton, who took over the Donate Life Club after her friend Devin graduated.

The American Red Cross is now desperate for more blood supply as it reached 61,000 fewer donations in January. The Red Cross has "added 25,000 additional donation appointments across the US" according to NJ.com. The platelets in blood can only last a maximum of five days on a shelf before expiring. Having a high stock of healthy blood supply is critical to hospitals around the globe due to the endless list of people who need it including cancer patients, soldiers, any transplant patient, and even patients with a minor injury. High schools, colleges, work places, and recreation centers around the country have been partnering with the Red Cross and hosting blood drives to help the blood supply and patients in desperate need of blood transfusions.

If you missed this blood drive, you can go to a local blood drive or set up an appointment with the American Red Cross at any time.



Manasquan High School Participates in the 2019 Intracoastal Tug

Football pulls out a win; Point takes overall competition 7-4

By: Ginger Brown

On Saturday October 12th, the second annual Intra-coastal Tug took place at the Manasquan Inlet. This massive tug-of-war contest has a 1,200 ft rope stretched across the inlet, connecting Point Pleasant Beach and Manasquan.

At the end of the day, the final score was 7-4, and unfortunately Manasquan had lost to Point. But aside from that, it was a fantastic day.

“It was an excellent event and great for the community. It was very well organized,” said Bryant.

The weather was perfect for the festival. Hundreds of people took over the streets of Point Pleasant and Manasquan at each side of the inlet. There were no clouds in sight and the sun shining over the inlet made it a gorgeous day to hang out at the beach.

During this event, the coast guards close off the inlet, and boats had to wait to pass at around 1:30 pm.

The festival had tents to buy merchandise, food, and drinks while watching teams across the river battle in a tug of war contest.

Each event was presented in heats, beginning at 11:00 am with the teams from 105.7 The Hawk against 94.3 The Point. All the teams consisted of up to 25 people on each side. Other heats included teams from two of the Jersey Mikes’ stores, local businesses from each side, residents, na-



Above: The football team tugs on the rope as they pull to victory

val bases, the Training Room, lifeguards, first responders, and alumni.

From our own school, the football team and teachers participated in the event. The football team was the last heat of the day, and they beat Point in their tugging. Although there was a bit of an issue on the Manasquan side at the start, the teams decided to do the match again, with the Warriors coming out on top. Coach Price agreed to buy them all lunch if they won, so they did not go home hungry!

One player on the team, sophomore Carter Groezinger, expressed his desire to beat Point’s team.

“We really wanted to win, because all of us were very hungry,” Groezinger said. “And our coach would have been mad if we lost, so it worked out, even though we might have started early the first time we pulled.”

Unfortunately, the teachers from Manasquan did not pull out a win, although they still fought a tough match up.

History teacher Mr. Bryant, a two-time tugger, is already plotting on how the teacher team can win next year’s Inter-coastal Tug.

“We have to think about strategy coming forward and communicate before and during the event. We also have to hit the gym!” stated Bryant.

Although there was a lot of competition during the event, many people enjoyed the event and loved to hang out with friends and family.

MHS sophomore Colleen Dickenson went to the Inlet to support her school.

“It was a very beautiful day. I felt a strong sense of community, and I felt hyped up on sugar too. It was fun and I loved supporting my school at the event!” Dickenson exclaimed.

This is the second year of the Intracoastal Tug, and it certainly won’t be the last! It started out as a small idea, and is now something both Manasquan and Point Pleasant can enjoy and look forward to every year.

The Blue & Gray

FEATURE STORY

Emergency Clinical Care Travels to Rutgers University Cadaver Lab

By; Michaela Pollock

Only 2% of high schools in the United States provide students with the life changing experience of standing in a human cadaver lab, staring at what once was a beautiful life. Most schools have succumbed to the digital age and only experience the human body through digital cadaver

labs, but Manasquan High School's athletic trainer, Mr. Hyland, knows the importance of hands-on learning and proudly represents our high school within that 2%.

This year, Hyland's Emergency Clinical Care students traveled to the Busch Campus Human Cadaver Lab at Rutgers University on October 29. Mr. Hyland used to take his Emergency Clinical Care students to the morgue, but when his connection there retired, he did his research and found this lab an amazing opportunity at Rutgers.

"At the morgue, we would just see certain parts of the body and learn, but now, watching a student hold a human brain in their hands and realize how fragile life is, it's an amazing thing," Mr. Hyland said. "To see them actually put what they've learned in the classroom into a real-life scenario is just something you don't really get to experience often as a teacher."

Before every trip, Mr. Hyland has his students choose one thing they would like to know more about



The cadaver lab is located on Busch Campus at Rutgers University in New Brunswick, NJ.

and research it, so when they get to the lab, they have questions ready and get a hands-on experience.

Students are fascinated by the things they learn and see, but going to the cadaver lab can either solidify your career choice or completely change your path.

"I thought I wanted to go into the medical field, but now I don't,"

said senior Madeline Popovitch. This was her first time going on the trip. "It was really cool though. I got to hold a pair of lungs, a heart, a brain, but it just made me realize maybe the medical field isn't for me."

In contrast to Madeline's realization, a girl from the class of 2019 was amazed at what she learned and decided to write her college essay about it. Her words compelled her future university and led to her acceptance.

"They actually told her that what set her apart from everyone else was her essay. It was just so different and no one else ever thought to write something so original." Mr. Hyland was proud of his students and the way his trip affected them.

If you would like to participate in next year's cadaver lab trip and of course spend your year with Mr. Hyland, make sure you talk to your guidance counselor about the Emergency Clinical Care Class within the Academy of Health Careers.

Students Tackle

The Blue & Gray Editorials

Issues in the World



Welcome Freshmen!

By: Tommy Shaughnessy

Hello freshman, and welcome to Manasquan High school, a place where tradition and pride shine above all. A place where the history of our past is ingrained in the present and affects how we proceed into the future. This journey you are starting is something you will remember throughout your life because of the friends you will make, the stories you will cherish, and the lessons that will teach you what kind of person you really are.

To help you along this journey, this story will include some tips and tricks that will assist you in adjusting so you will prosper in the upcoming years.

Senior Tip #1: This tip is brought to you by the vice president of the high school, Nick Fahrion, who said, "Don't be late to class, do your homework and enjoy high school because it goes fast."

These words of advice are very true because showing up to class ready and on time shows the teachers you care and are willing to work hard, which will help you in the long run. Doing your homework is important because missing an assignment can really bring down your grade and the effort of doing it is easier than trying to make the points up. Lastly, high school does go faster than you think, so enjoy it and take it all in.

Senior Tip #2: This tip is brought to you by the president of the High School, Jane Antonucci, who expressed, "Walk on the right side of the hallway, be yourself and don't be afraid; and lastly wear deodorant"

Theses suggestions are more day to day life. Walking on the right side of the hallway is important, and a huge issue for freshman to learn. Freshmen, you don't understand that standing in the middle of the hallway makes it harder to walk for everyone else. That may not seem like a big deal but seriously, it is!

Also, being yourself is a huge part about high school. You can experience new things and discover what type of person you really are and want to become without judgement because everyone is going through the same situation and figuring themselves out.

Lastly, deodorant is a necessity. Put it on daily, because trust me, you don't want to be *that guy!* Plus, it will make the school a fresher place and your life will be less smelly!



News in the Digital Decade

By: Kelsey Woodford

A riveting topic that is swarming all media outlets these days is the impeachment inquiry of President Donald Trump. Thus, Americans from all ends and in-betweens of the political spectrum are discussing the heated issue. In fact, when I had a discussion with my grandparents on the subject, I was enlightened as to why they are so obstinate towards the matter.

For the past few years, they have only accessed their news from one source only: Fox News. Being raised in the digital age, I routinely get my news from a myriad of sources, ranging from television to social media. This variety of outlets allows me to have a more informed and wide-ranged perspective of the news. My grandparents, however, firmly believe that there is only one trusted news source. As such, it was difficult for me to engage them in a meaningful discussion regarding the impeachment inquiry. They repeatedly insisted that the impeachment was nothing more than a witch hunt. It was clear to me that given their limited access to information, they were unwilling to acknowledge a different perspective.

This is not unique to my grandparents. "My grandma just sits in front of the TV and watches CNN all day" commented senior Catie Hersh, "That's all she watches."

I decided to put myself into their shoes and wonder, why do they think like this? My perspective was then changed. Rather than be annoyed by my grandparents stubbornness, I realized they aren't accustomed to this new media age. Unlike them, when a captivating story breaks, I have a multitude of resources to get my information, and for clarifications on stories. In brief, this frustrating encounter of talking with my grandparents about politics, actually helped me to cultivate a new understanding of them, and for that, I am grateful.

The Blue & Gray

NEW TEACHER FEATURES

Mrs. Galano is the new MHS Dance Teacher

By: Ciara Woodrow and Catie Hersh

If you are looking for a fun and exciting teacher to pump you up for the school day, join Mrs. Galano's Dance Class! Melissa Galano is a new teacher at Manasquan High School who loves sharing her passion for movement and likes to teach yoga classes in her free time.

"Having her in the morning is a great way to wake up and workout," said freshmen Catie McCafferty.

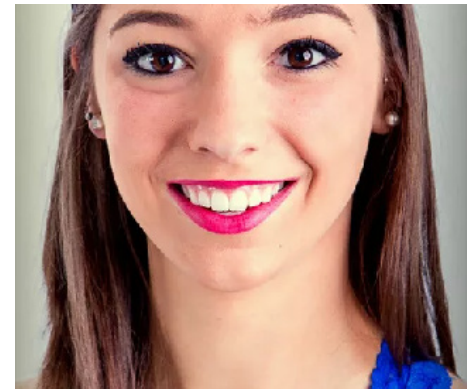
This is the first year that MHS has offered a dance class, and she is very excited about it! You can find her in room 120, which is a room specifically designed for students to stretch, workout, and of course, Dance!

"MHS is an awesome commu-

nity," she said. "Everyone's been super welcoming and supportive."

While attending high school, Mrs. Galano had amazing teachers and a good support system throughout her high school career, which influenced her to pursue a career in teaching.

Mrs. Galano touched on some of her main goals and plans for the year, specifically making sure that each one of her students are able to grow as both an artist and a person, as well as discovering something new about themselves. Gioviane Guzman, a Junior at MHS, says that Mrs. Galano is very helpful and if you are struggling, she will work on your mistakes with you until you



are as good as you can possibly be. Although Mrs. Galano is a teacher, she says she is "forever a student" and wants to keep learning as much as she can during her time here at MHS.



Ms. Mercadante

Meeting Ms. Mercadante

By: Ginger Brown and Colleen Dickenson

Ms. Mercadante is one of the new teachers at Manasquan High School for this 2019-2020 school year. A graduate of Georgian Court University, she now teaches Multimedia Technology and Graphic Design here at MHS.

Previously, she student-taught at Brick Memorial High School and was a teacher at Keansburg High School. She was drawn to Manasquan High School because of the nice school district and beautiful town, along with the fact that the drive here is only a half hour.

A month into the school year, things are going well.

"I love it here," she said, "The students are well behaved and bright, and everyone here is ready to help!"

Ms. Mercadante grew up in Bayville, New Jersey, where she dreamt of pursuing a career in the arts. Even over the summer, she focused on art, as she worked at a summer camp as a ceramic's instructor. She really enjoys traditional art and painting, but she decided to follow her passion and teach graphic design.

"It's not messy and it's easy to pack up and take on the go," she said.

Her favorite program to use is Adobe Illustrator because, she says, in the program, users can express their artistic ability and have more freedom.

So far Mrs. Mercante is impressed with MHS. "There are lots of amenities here. I'm only here until January 22nd because I am filling in for Ms. Larkin, but my hope is

to eventually come back here because I love the school!" said Mercadante.

One student, Daphne Becker, a sophomore who takes Graphic Design with Ms. Mercadante, says "She is really nice, and she likes to help us out. My favorite aspect of Graphic Design is when we get to draw and do stuff on the computer. I think she is a great teacher and really cool!"

Sophomore Connor Carton, agreed. "I like her and her class. It's a lot of fun," he said. "It's a good class because we get to use Illustrator and she gives us really fun projects."

Ms. Mercadante is looking forward to the rest of her time here at Manasquan High School and can't wait to see how her students perform in her graphic design classes! Maybe down the road she'll get hired full time.

If she can come back, her hopes are to start her own art club where she and the members can display their artwork all over town. Ms. Mercadante is also really interested in getting involved with the softball team, as she played herself in her high school career.

Mr. Petriella Making his Mark

By: Tanner Schmidt and
Connor Mawn

Along with ten other teachers making their debut at MHS, Mr. Petriella is teaching Lab Biology to the new freshmen and many returning sophomores this new school year.

Inspired by his 7th and 8th grade science teacher, Mr. Coe, during his years as a student Colts Neck, Mr. Petriella originally took a liking to both chemistry and biology, fascinated by the elements on the periodic table and the outcomes when they react with one another. As he moved through his years as a student and later a teacher, he shifted his focus more so towards biology.

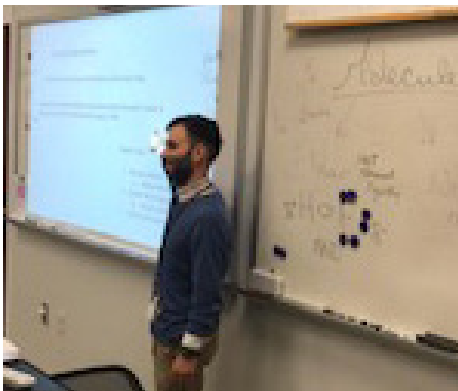
Mr. Petriella played soccer in high school and ran cross country from high school through his college years at Penn State. He now coaches Cross Country and Track at Saint John Vianney. Afterwards, he also enrolled at Tulane University.

For some time in the city of Philadelphia, Mr. Petriella work in the environmental science department, where he was responsible for dishing out and charging fees to companies who had used hazardous chemicals.

Subsequently, he decided that teaching would be a more fitting career for him. He taught at Saint John Vianney high school prior to coming to Manasquan.

Freshman Holden Dizon described Mr. Petriella and his class environment as cool and relaxed and went on to say he is doing well in the class. Another one of Mr. Petriella's

continued on page 18



Mrs. Warncke Is Back and Better than Ever

By: Michaela Pollock and Ryan O'Connor

Mrs. Warncke came back to her home roots this year after leaving three years ago to focus on new and better things. As a Manasquan High School graduate and Kane University alumni, Mrs. Warncke could not resist the love she has for our small little town and decided to pick up where she left off as a physical education and the MHS varsity cheerleading coach.

"It feels like I never left," Mrs. Warncke said, beaming when asked how it feels to be back and the welcoming she received as she transitioned into her new job.

Senior cheer captains Chloe Bird and Jamie Waltsak love the fact that Mrs. Warncke, or known to the cheer team as "Dubs", is now working in the school. "It makes getting practice started easier" the girls said.

Junior Lulu Nelson added that she "loves seeing Dubs in the hallway because she's just fun to be around."

Mrs. Warncke isn't just a teacher and cheer coach though. After 3:30pm she trades in her whistle for her mom jeans and jumps right back into her third job: being a mom. She and her husband are constantly going while raising three kids and two dogs in the suburb of Belmar,

NJ. They love taking trips to Disney World and even though she's been there so many times, she said she would love to go back again.

Once her mom duties are over and the kids are asleep, Mrs. Warncke doesn't mind sitting down on the couch and turning

on her favorite movie Bridesmaids.

"Reese Witherspoon for sure," confirmed fellow gym teacher Mrs. Certo. Mrs. Warncke knew exactly who she would be played by if ever she had her own movie.

Mrs. Warncke is very passionate about health and always makes sure to fit in time to go to the gym. Teaching kids about maintaining a healthy lifestyle is something she believes is very important as you grow up. This is the reason she decided to work with high school kids. Mrs. Warncke's passion for health stems from her own mother's health issues. She's always looked up to her mom and says that she wouldn't be the person she is today without the pushes her mom gave her throughout her life.

Mrs. Warncke is excited to continue her career at MHS and certainly can't wait for the pep rally in November and proms in the Spring.



Above: Mrs. Warncke with her daughters, Charlie and Skylar.



Mrs. Quadrel Joins the MHS Team

By : Emma Franke



Mrs Quadrel smiles after helping a student

Mrs. Quadrel joined the Manasquan High School community this year as one of our new guidance counselors. Studied at both Westchester, where she obtained her undergraduate, then continues her education at Monmouth, where she received her masters in mental health and addiction. She then worked as a substance abuse counselor.

Although she left her previous job in search of a more lighthearted profession, she still prefers to work with older children. She briefly attempted to work in the elementary school setting, however their problems were too trivial for her. After a girl in first grade was brought down by her teacher to her office in tears because her boyfriend was playing with another girl, she knew she needed to work with a more mature group.

She feels working with highschool aged students is a better fit, due to their fixation on mature issues, the most prominent being the college application process. Mrs. Quadrel describes this hectic process as "organized chaos". Overall, she loves the school and how both the staff and student body give "another sense of family".

Mrs. Quadrel herself attended highschool in East Brunswick. She describes her overall experience as positive, especially since she was highly involved in gymnastics, both for her school team and competitively. She fell in love with the sport due to the "structure and discipline it provided".

continued on page 18

Mr. Critelli Comes to Squan from St. Rose

By : Matthew Driscoll, Tommy Shaughnessy and Christian Mendoza

Mr. Critelli is one of many new faces teaching at Manasquan this year. Before he started teaching at MHS, he went to Long Branch High School, where he played soccer and swam. He then attended George Washington University, in Washington D.C, where he received his Bachelor of Arts in International Affairs and History. He has previously taught History at both Long Branch and St. Rose. He now teaches US I and US II. During the interview he told me that he applied for this position, "because of the great kids, the student involvement, and the community of Manasquan High School." He is most excited for the sporting events because he is always impressed with student section and the amount of people that attend the games. When asked what class would he teach if he didn't US I or US II History, he said "I like law, economics, and all of the social studies." He seems like he loves

continued on page 18

Below: Mr. Critelli teaching his US II Class



Special Education Department Thrives with New Addition, Ms. Testa

By: Eden McBride and Erin McBride



Manasquan High School's Special Education Department gained a new member for the 2019-2020 school year. Ms. Testa is a special education teacher who specializes in English. She also teaches piano at Lakehouse Music Academy in Asbury Park.

Though she's lived in Asbury Park since 2008, she is not unfamiliar with the Manasquan area. Prior to teaching at MHS she had heard that the students and staff were friendly and the area was a nice place to work. She says these reconceived notions have been confirmed.

"All students have the right to

learn in a school environment, no matter what level they are on and what abilities they have," Ms. Testa said when asked why providing special education in public schools is so important.

In the past decade, strides to make public schools more inclusive and accessible to special education students have proven to be successful. In the U.S. Department of Education's report to Congress about implementation of the Individuals with Disabilities Education Act, figures show that "nearly 95 percent of kids with disabilities spent at least part of their day in a regular education classroom". That's up roughly 6 percent from a decade prior.

Ms. Testa noted that her special ed students seem very comfortable in their classes with typically-developing peers. "Everyone accepts each other".

"I think she has an interactive teaching style and a more hands-on approach," says Garret Terlizzi, a senior in

her block 2 English class.

Although the newly established drop-and-rotate schedule sometimes drives her crazy, Ms. Testa feels very comfortable asking for help from various staff members. She said that the support here at MHS stands out when compared to other schools she has previously worked at.

She taught at South Brunswick High School as an ELA general education teacher for three years. She also taught special education students at Neptune Middle School before transitioning to Manasquan High School.

She attended Ithaca College to study music for a year, then decided to go into English education. She still teaches piano, but now pursues music recreationally rather than as a career.

Her role models include her high school English teachers and her mother who, likewise, was a special education teacher.

Mr Schaad Joins the Gym Squad

By: Emma Franke and Kelsey Woodford

Mature, supportive, and friendly are just a few ways Mr. Schaad, a new Physical Education and Health teacher, describes how he feels here at Manasquan High School. Mr. Schaad has been teaching for 21 years, 17 of which were spent across the street at Manasquan Elementary School.

Mr. Schaad is loving the high school. Especially the "change of pace and how the maturity is much better".

Mr. Schaad in his new workplace



In contrast, since he is used to working with younger students at MES and middle school students in Hillside, he misses sleeping in later because the high school has such an earlier start time to what he is used to.

It is evident that Mr. Schaad truly cares about his job. One of his junior students, Bridget Degnan, says that "Mr. Schaad is

very motivating, passionate, and influential." Another one of his junior students, Sally Becker, exclaims that "Mr. Schaad really wants to do good at his job." He clearly showing how much he cares about the subject.

As expected, Mr. Schaad himself likes to stay active through his many hobbies including strength training, running, and mountain biking. In fact, Mr. Schaad once biked 70 consecutive miles across the state of Rhode Island. He believes staying active "activates the mind, body, and spirit"; something that he wishes to pass on to his students. Something else Mr. Schaad thoroughly enjoys his time off during the summer. His Summer highlights include going to Manasquan beach, since he lives locally, and going camping with his wife and daughter up at Keen Lake in Pennsylvania.

On the topic of summers, if Mr. Schaad could compare himself to any movie character, he would be Mr. Shop from the movie Summer School. In this movie, Mr. Shop is a gym teacher who plans to go to Hawaii for the summer but is suddenly alarmed with the request to teach English at Summer School. Mr. Schaad thinks this movie is hilarious, especially since Mr. Shop is a gym teacher just like him.

Overall, Mr. Schaad loves the "newness" of Manasquan High School, and is super excited to be around all the friendly students and supportive staff. Most of all, he's excited to chaperone the homecoming dance.

Welcoming Ms. Di Chiara to Manasquan

By: Ginger Brown and Colleen Dickenson



Ms. Di Chiara is starting her first year here at MHS as a special education teacher. She mainly teaches subjects in the social studies department, primarily World History and U.S. History.

Even though she lives in Toms River, Ms. Di Chiara was attracted to Manasquan because of the welcoming atmosphere and the kindness that everyone has shown her.

“It has such a pleasant atmosphere,” Ms. Di Chiara said. “I love that all of the students here have close relationships and seem to have known each other for a long time. It creates a feeling of ‘family.’”

She has had a great time at MHS so far, and

she loves all the students and faculty. MHS gives her that feeling of comfort and community. Even though she did not know anyone here at MHS, a close friend of hers started working here not long after she started.

Her colleagues in the teaching profession are considered her role models. She is always observing them and seeing what works for them and what doesn’t. Her peers really help her learn a lot, as she is new to the whole world of teaching.

Ms. Di Chiara’s interest in teaching began when she attended school, as she took pride in helping her classmates out when they were having difficulties. She realized that teaching was the perfect outlet for this. While in college, Ms. Di Chiara took classes in archaeology and museum studies, but by graduation, she decided that teaching would be her career.

One sophomore, Ryan Esdaile, who has Ms. Di Chiara for U.S. History, says “She is super nice. I really like her personality and I am glad to have her as a teacher. I learn a lot in her class.”

Mrs. Quadrell

continued from page 16

However, she is saddened to say that the modern day East Brunswick is nothing like the one in which

she grew up in. She puts emphasis on how much more desolate the area is than it used to be.

Currently, Mrs. Quadrel spends her time busy as a mother to her four year old daughter. Although caring for her little one is a full time job in itself, she fills her spare time with activities such as going to the beach, doing her nails, and watching Netflix. Currently, she is into A Million Little Things and This is Us. She is also looking forward to her family vacation to Disney coming up in the next few weeks.

Mr. Petriella

continued from page 15

students, Cole Eldridge, stated that he knows what he is doing and does a great job keeping the class fun. Cole exclaimed at the end of our interview

that he wouldn’t rather have any other biology teacher.

Lastly, Mr. Petriella humorously says he would tell his high school self that Oreos are not meant to be eaten by the sleeve. He also advises students not to give up and say, “I can’t do this.” “You absolutely can!” he says.

Mr. Critelli

continued from page 16

teaching because when asked what he would do if he wasn’t teaching it took him a minute to answer. He said that it would be

pretty cool to be a park ranger. He said he loves nature. Mr. Critelli is not nervous, but very excited to be teaching at Manasquan.

David Smith who is a junior at Manasquan High School is in Mr. Critelli’s US History II class and has so far enjoyed it. During the interview David was happy to inform the Blue and Grey that he is one of his favorite teachers this year and his laid back teaching style doesn’t stop the class from getting their work done effectively and properly. When asked how Mr. Critelli has adjusted to the MHS compared to Saint Rose High School where he previously taught David said “I’d say he’s doing a great job”. When we spoke to another student Ellie O’Connor who also is in his US History II class she explained that he is a lifeguard and has a chill and funny personality.

Overall, Mr.Critelli has been a great new addition to the History department, where his teacher style and personality has made it easy for teachers and students to get along with and learn from him.



Volleyball Tournament Benefits Local 8-Year-Old Boy With Muscular Disease

By Tanner Schmidt

Usually a quiet girl around MHS, Senior Camryn Rothery recently made a loud statement.

On Tuesday, November 12, Camryn organized a volleyball tournament in the MHS gym. Its goal was to benefit Luke's Helping Hand, a charity built around Duchenne Muscular Dystrophy, often called DMD.

DMD is the most common lethal genetic disorder that can be diagnosed during childhood today. It is a progressive disorder, which means it worsens over time. People affected cannot produce a protein called dystrophin, which keeps muscle cells intact.

Luke's Helping Hand is a local charity in honor of an 8-year-old boy named Luke from Monmouth County, New Jersey, who suffers from DMD.

When asked about the event, Camryn says it was inspired by Luke, who is her cousin. She chose volley ball as the event because of the newly established girls' varsity volley ball team,



and says she wanted to bring attention to that as well.

The participation fee for people who played in the tournament as well as the tickets for its viewers were \$5. Camryn stated that around 100 people played, and the charity event raised about \$1,300. MHS Girls' volleyball coach Mrs. McHugh added that there were roughly 150 spectators as well.

We are wishing the best for Camryn, Luke, and their family at this time.



MHS Students Earn All-Shore Chorus Accolade

Every year, high school students from Monmouth and Ocean county audition for the prestigious All Shore Chorus. It's very competitive and only approximately 100 singers get in. This year, the 2019-2020 group consists of four members from Manasquan High School. These include seniors Erin McBride, Matt Dellegrippo and Alex Kave, as well as junior Sophia Symonowicz.

"It's quite an achievement for these kids," said Chorus director Mr. Weisert.

The four have dedicated themselves and have had great success in the MHS symphonic choir. On February 1st, the All Shore chorus performs a variety of classical and modern compositions at Allentown High School. Congratulations!



New movie The Joker Astounds Audiences

By: Connor Mawn

The Joker is far from our average super hero movie. This film steered far away from the classic DC Batman films, involving action, justice and typically a happy ending. This film heavily contrasts from all those common attributes; instead it is a dark film, which makes the viewer think about mental illness, and even empathize what is it like to be in the same position as somebody with a mental illness in this film.

The film begins in Gotham City, which is closely portrayed by New York City in the 1960's. We know this because of the garbage strike which is referenced frequently throughout the film. The establishing scene that opens the movie depicts the main character, Arthur Fleck, and the daily struggles that his life entails. This is due to his un-

controllable laughter in uncomfortable situations. Frequently throughout the film we are reminded of Arthur's disability due to the emphasis on his horrific sounding laugh.

Joaquin Phoenix provides a superior performance in this film. He plays the part of a mentally challenged individual so accurately. He reportedly lost tons of weight in order to play the part of somebody who appears unstable. Phoenix says that he had a lot of fun playing the role of The Joker in this film, and that it took a lot of concentration and dedication to get into the mindset of Arthur Fleck.



Tommy Shaughnessy initially said, "It was so freakin' creepy." Tommy claimed that it highlighted mental health issues. "Not a lot of movies touch upon 21st century conflicts like the ones touched upon in the joker." Tommy and a lot of other students said it was one of the best movies they've ever seen.

Overall, *The Joker* is a fantastic film, and certainly worth the watch. Some say that this film is so revolutionary that it could possibly have created a new genre of stand-alone films. But keep in mind it is violent, and frightening, so if that's not your thing, pick something else to see. Also, bring your ID because they actually check to make sure you are 17 at the theater.



Manasquan high school students also loved *The Joker*. Senior

80s Trends are making a comeback this Fall Season!

By: Catie Hershe and Ciara Woodrow

80s trends are back and better than ever! From scrunchies to flare jeans, biker shorts to cat eye sunnies, these trends are everyone's go to picks for this fall season.

Wanna get in on all these rad trends? Head on down to your local thrift store, or even to the mall, and capture some great finds for a cheap price! The 80s were full of big hoops, bright colors, and big chunky sneakers. Go check it out and get some for yourself!

Whether you're in the library, cafeteria, or even just strolling in the hallways, you'll always see someone rocking these totally awesome styles.

Senior Kelsey Woodford, told us her go to fall piece this season would definitely be her cheetah print scrunchie, paired with some black mom jeans and a cute oversized sweater, along with some fun hoops and her nude Air Force Ones. You see what we mean?

We visited the Fashion Design class to get some more opinions. We asked senior Rose Monetti what some of her go to fall pieces are. She said, "My go to look would probably include some mom jeans, a cropped sweater, along with accessories such as rings, hair clips, and colorful earrings. Also, one thing I can't leave the house without are my Reebok Club C 85 Vintage sneakers."

So Rose and Kelsey are a perfect representation of students at MHS getting inspired by 80s trends this year. What's your look? Let us know, and we'll feature you in a future edition of The Blue & Gray!





December Horoscopes



Aries: This month will bring you happiness, confidence, and success! There are some awesome surprises coming your way, so keep those energy levels up and running. You may be asked to focus on a certain project. Whether it's school, work, or personally related, stay on task and get it done, for when you do you'll be rewarded! The goddess of love, Venus, is entering your sign this month. If there's a special someone you've been holding out hope for, now's your chance to make your move! So take action. If you don't, you may regret it! Venus will also help your friendships blossom in the trust department, however this is not a one-woman job, you'll have to put your trust in these relationships for them to truly reach their full potential.



Cancer: As the sun enters your second house, concerning money and property, you may find yourself frustrated with your current financial situation. But money will not fix your problems. You should stop focusing on all the things you do not have and appreciate all that you do have. A positive attitude and happier outlook on your life is exactly what you need to be a better you. If you let these financial troubles affect your mood, it can have a negative impact on your close relationships. You may come off as hostile or passive-aggressive, which is not something you want. The solution to your problem is close, you're just looking in all the wrong places. Keep going!



Taurus: Relationships take the lead this month, so try focusing on the ones most important to you. You'll need people to show you support, and may even find yourself depending on your friends and family more than usual. You will be feeling the love this month! Remember it's okay to lean on somebody every now and then. Your selfless nature tends to get the best of you, so don't feel as if you are burdening someone; chances are they're glad that you reached out for their support. This month may bring some struggles in the health department. Some parts of your body may be more sensitive than others, so be sure to stay active and fill your body with the nutrients it needs in order to steer clear of sickness.



Leo: As you strive to make your space feel cozier and warmer in the winter season, you may experience a change in mood. At the beginning of the month, your mood will be up, and things will be looking pretty good. However, family drama or a family emergency may interrupt your flow. Try staying calm and communicating with your family members. Remember that in the end, they're all you've got!

Gemini: This month, let's focus on cleansing our mental, physical, and emotional state. There may have been things bringing you down in the past, but now is the perfect time to find peace and move on. There are better things on the horizon! Try sitting down and writing each negative thing you'd like to get rid of. Whether it be an old T-shirt you no longer wear, or maybe even a toxic person in your life causing you pain and suffering. Once you cleanse your space and your inner circle, you can find happiness and bliss within yourself and your surroundings. You got this, stay positive!



Virgo: If you put in the effort, you'll be able to make significant progress in all areas of your life. As long as you believe in yourself and your abilities, anything is possible! Although, this success may be short lived. This month it is extremely important for you to pay attention to your closer circle's money situation. Repay debts and any money you borrowed from friends or family, or it could bring you trouble down the line. This month your priorities should be your friends, family, and personal wellbeing. Towards the end of the month, you may be feeling the love! Now is the time to lock down any relationship that isn't already official. It's time to fully commit!





December Horoscopes



Libra: Your intuition has gotten and is continuing to get stronger as time goes on. This will allow you to pinpoint the root of almost any problem or conflict you may run into. You could feel stressed and over-

whelmed this week, as many close friends and possible family members are in search of your guidance and advice. However, do not be too quick to give these people what they need. Before you solve other problems, you'll need to solve the inner conflict with yourself first. If you have been feeling like you need to lie or omit the truth in order to gain attention from others, now is the time to stop. Your friends and family want the truth from you and will love and accept it no matter what it may be! There's no need to lie in situations like these, just remember: the truth will set you free!



Scorpio: This month is a good time to focus on your wellbeing. Since Mercury is in retrograde, you may be feeling a little tongue-tied and/or

unable to express your feelings and emotions. This may also lead to you feeling as if you are constantly being misunderstood. People may come to you with questions and ignore your response. Instead of lashing out or getting frustrated, try to put those frustrations towards something mentally rewarding, such as journaling. A night to yourself filled with face masks, self-reflection, and some Netflix may be just what you need to calm down and move forward.

Sagittarius: As the Sun enters your sign, you may feel concerned with receiving that feeling of security and safety that you've been longing for. However, this month will teach you a lesson of keeping your cool when things get out of control. You may not always have a safety net to fall back on, so try being more independent and mindful of the situations you are put in the middle of.



Capricorn: Mercury retrograde is in your friendship sector this month, so you may get an overwhelming amount of old (or new) friends needing your attention or wanting your com-

pany. However, be careful and mindful of whose invitation you accept. Some of these people may only be interested in your friendship for their own personal gain. Look out for yourself and focus on the friends you know will always show up for you.

Aquarius: Mercury retrograde is entering your career sector this month, resulting in complications and frustrations at work or in school. Make sure to be vocal about your concerns with the dynamic, whether it be in your classes, or at your job. Just be sure to keep your cool. To relieve these stressful situations, continue to add small pleasures to your space. Surround yourself with good friends and try to de-stress and blow off some steam. Things can only go up from here!



Pisces: This month, focus on spending time with loved ones, especially close family and friends. You'll find that your financial situation and overall health will experience some sort of improvement, and the position of the sun leaning into your sign will bring you the power to remain consistent in the way you address problems that will come your way this month. Your independent nature will take the lead this week, as you may throw yourself into projects and causes that benefit you personally. As Venus moves into your sign, you'll notice that love is in the air! Whether it's a romantic relationship or friendship, it will thrive and continue to grow further this month!





The Shining Fans Remniscence as Sequel, *Doctor Sleep*, Finally Hits Theaters

By Erin McBride

On November 8th, movie buffs lined up in excitement and skepticism to see “Doctor Sleep”, the sequel to Stanley Kubrick’s most notable film, “The Shining”.

Stephen King wrote “Doctor Sleep” in 2013. The book follows Danny Torrance, now in his 40s and living in New Hampshire where he works at a hospice as he reconnects with his extraordinary power known as his “shine”. Played by Ewan McGregor, we see Danny as a scraggly, alcoholic adult. A portrayal which most *Shining* fans never before associated with innocent Danny Torrance.

It is more of a supplement than a sequel, as it helps explain the phenomenon known as the “shining” by broadening the amount of people it affects. By shifting the focus from the Overlook Hotel and the Torrance family, the horror reaches a modern audience.

The introduction of Abra Stone, a young girl who possesses the Shining, certainly caters to a young, modern audience. Together, Abra and Danny— whom she refers to as “Uncle Dan”— form an unlikely alliance to battle the True Knot, a cult whose members try to feed off the shine of innocents to become immortal.

Kubrick’s “The Shining” was released in 1980, starring Shelly Duvall and the incredible Jack Nicholson in their iconic roles of Wendy and Jack Torrance.

“Doctor Sleep”, directed by Mike Flanagan, does not necessarily mimic Kubrick’s directorial style and struggles to give the audience a sense of nostalgia. But perhaps that was not Flanagan’s aim. The



movie’s focus is on the modern-day mechanics of the “shining”: a fusion of telepathy and clairvoyance. “It’s a warmer film than Kubrick was perhaps ever capable of, and more interested in its characters” says Chris Hewitt of Empire.

Characters like Jack Torrance, Dick Hallorann, the dead twins, and Lloyd the bartender return. For die-hard fans, it is a treat to see these classic characters, as well as the Overlook Hotel itself, in high-definition CGI, rather than the grainy, vibrant style of the 80s.



Today’s modern psychological thriller movies bear the imprint of director Stanley Kubrick’s ingenious use of suspense, terror, and the ability to make an audience’s heart sink into their stomach.

Coffee Conspiracies

By : Emma Franke

As a part time barista at Green Planet Coffee, I have learned a few things about an ideal coffee. Since it is fall, I decided to get into the spirit and compare a few of the pumpkin coffees in the area. To keep a fair baseline, I order each drink black. Not only because this is how I like to drink my coffee, but also so the added sugar and milk doesn't distract from the coffee itself. This is the best way to compare them. I visited four coffee shops, some cult favorites, and some small shops. Below are my findings about each drink.



#1 - Nitro Brew with Pumpkin Cream Cold Foam (Starbucks) - This drink is Starbucks' signature nitro brew. It is topped with a pumpkin variation of their sweet cream. This is slightly different than the others I tried since it is not a pumpkin coffee in itself. The pumpkin flavor comes from the foam and is meant to be stirred in. This coffee is for sure on the

sweeter side. I had it made with almond milk to reduce the sweetness, but it is still very sugary. I would not recommend it as your daily morning coffee, especially because of the high cost. However, this drink made the top of the list. It has a strong pumpkin flavor and is an all around great drink.

#2 - Pumpkin Iced Coffee (Sweet Tease)-

For a long time I wanted to try this shop located on Main Street in Manasquan. This one tasted very similar to the Rook pumpkin cold brew. It had the same strong fall flavor. One added bonus was that it cost a fraction of what Rook does. In addition to a great coffee, the overall experience was great. The owner was very personable. After I told her how much I liked coffee, she wanted to brew me a fresh pot. She also took the time to talk and told me all about her business. It was an overall great experience. It is also great to support local business. This would be my daily stop for coffee, due to the environment, quality, and convenient location. However, it sadly does not open until 8 am.

#3 - Pumpkin Cold Brew (Rook) -

Rook is by far one of the most popular coffees in the area, especially their seasonal flavors. I stopped in and tried their pumpkin cold brew, which costs about four dollars for a 16-ounce cup. Their coffee had a very strong pump-



kin taste without any added sweetness. Having tried the many other seasonal flavors Rook has to offer, I would rank the pumpkin flavor second, just behind the cinnamon vanilla.

#4 - Dunkin Iced Coffee :

Although not pumpkin flavored, I felt like I had to include this classic. I am a resident of Manasquan, yet I still commute to Spring Lake Heights for my daily coffee. This is because there is a huge difference in taste between the two locations. In my professional opinion their coffee is stronger, and has an all around better taste. One senior, Kelsey Woodford, even comments on how the coffee in the Manasquan location "tastes like chemicals". This location also has styrofoam hot cups instead of paper. Although not an environmentally friendly option, this is more convenient because it doesn't burn your hand when you hold it. The coffee is just as good as the service. One employee, Leo, always puts his customers in a good mood with his positive attitude and great small talk. These factors make the trip worth it.



BLUE & GRAY SPORTS



Page 26

MHS Surf Team Wins Sixth State Championship

By: Ginger Brown

The Manasquan High School Surf Team won their 6th state title in a row on Sunday, October 13th. The team surfed at Spring Lake beach. The National Scholastic Surfing Association, also known as the NSSA, held the state competition. Manasquan has been the reigning champions for the past 6 years. Schools from all over the state participate in this competition, but they are no match for our school's incredible surfers.

The waves differed from morning to the end. They were consistently 2-3 foot throughout the day and easily contestable waves.

Surfer Morgan Iglay, a senior at MHS, placed 1st, winning her fourth straight title. Her younger sister Audrey Iglay, a freshman, following with 2nd place. Jesse Hulsart, a freshman, came out on top in the longboard division. Cole Deveney, a sophomore, also gave the team some important points where he placed sixth in the men's shortboard division.

"It feels great to win and end my last year winning," says Morgan after winning her last heat at the competition.

The Iglay sisters both surfed well placing the top two in the women's division.

"The contest went really well. We started off not doing too well, but at the quarters the whole team started to win their heats. When we won, we just all started freaking out," says second place winner Audrey.

"We all wanted to win, and we knew that we could because we have a really good team, but we



The surf team celebrates their win with the coaches.

weren't really sure what was gonna happen. Winning feels great. It was so fun for my first year on the team," said Mr. Buss.

The team prepares for the competitions by just going out there and surfing. This year the team was younger, but with a lot of incredible talent. The coaches gave the younger surfers more contest experience because they have so much talent.

Ocean City is the team's biggest rival. The main struggle at the competition is Ocean City because they have come in second to Manasquan the past six years that Manasquan has had a team. Prior to Manasquan winning states, they consecutively won it twenty-two years in a row. It is always a big deal to take away the title from them and hold onto it for six straight years.

"Ocean was pretty hard," said freshman Jesse, "It was good to get through them, it felt good to through them. Once I got to the final, I had to show them how good I could do."

Mr. Buss, the team's coach, had a lot to say about their win.

"Our kids were deeper than the other team. The talent was pretty equivalent between us and Ocean City, but our kids just knew how to get through heats further," said Buss.

"I knew we had a strong team, but I didn't know if we had the number one team in the state. I

continued on next page



BLUE & GRAY SPORTS



MHS Proud of its Three State Champs



Surfer Champs

knew it was gonna be a battle to the end with Ocean City, but I knew we were strong, and I just knew that

in the end we would hopefully come out on top. And we did.”

The coaches feel pressure every year after continuously winning these competitions.

“There is a lot of pressure after winning six straight titles. Winning the championship isn’t everything, but it is a great feeling. We know that we have talented surfers coming in every year even know we graduate a lot every year,” Buss said.

Team captains that really lead the team to victory and made sure their spirit for the sport was high were Griffin Laszlo and Chris Wilson for the boys and Gianna Melchionda and Morgan Iglay.

The surf team celebrated their win by parading through the streets of Manasquan on October 22nd. The championship parade started at 7pm as the team drove from the school and circled through the town. People lined up on the sidewalks with cowbells, posters, and more. Everyone cheered as the team was driven through on trolleys. All you could hear that night were the cheerful sounds of fans and sirens from the firetrucks.

“The parade was good- it was fun to see the community come out and support the surf team,” stated Mr. Buss.

After their state win, the team participate at Nationals in California later in the year.

Top left: Morgan Iglay, top right: Jesse Hulsart, above: Cole Devaney



BLUE & GRAY SPORTS



FREEHOLD TAKES SHORE CONFERENCE FINAL OVER MHS

BY: Cristian Mendoza

On Wednesday October 23, the MHS boys' varsity soccer team played Freehold Township, looking for a chance to call themselves champions.

The Shore Conference crown was on the line. The beginning of the game was very intense as both Manasquan and Freehold were playing hard. Squan was the better team on the field the first 25 minutes of the game, making good passes and shooting on Freehold and creating more chances to score. But they just couldn't put one in the net.

With the first half ending in a scoreless tie, the second half started and fans were getting very excited but nervous at the same time. Finally, at the beginning of the second

half Freehold scored a goal and was up 1-0. Manasquan had the chance to tie the game after a foul that was committed outside the 18 in the 58th minute. Senior Drew Greenblatt, Manasquan's top scorer, took a beautiful free kick, scored, and the game was all tied up 1-1.

After that goal Manasquan had another chance, a penalty kick which could give them the lead. Junior Tommy Johnson took the penalty kick and kicked it on frame, but it was saved by the Freehold goalie. Eventually, Manasquan finished off a go ahead goal on another strike outside the box by Tyler Guagenty. After scoring a 28-yard shot for the first goal in the previous win over CBA, Guagenty delivered again, with a beautiful shot from 20 yards barely avoided the goalie. So in the 67th minute, the Warriors held the lead.

But near the end of the game with only 4 minutes to play, Freehold



Above: junior Tommy Johnson fires a shot on goal.

was given a penalty kick on a questionable call. Freehold made the penalty kick and tied it all up 2-2, and that brought the game into extra time.

No goals were scored during both extra times, so the game was still tied 2-2 and Manasquan and Freehold had to take it to penalties to decide the Shore Conference Championship.

With the first 3 penalties taken by Drew Greenblatt, Tommy Johnson and Chris Pierro all successful, Manasquan was off to a good start. But Simon Cardenas and Rich Maloney missed the last 2 kicks, and a very intense match for the Shore Conference Tournament Championship came to a disappointing end.

All in all, though, the team played a great tournament, battling under pressure and defeating higher ranked teams along the way to the championship game. After a tough

continued on next page



Left: Senior standout Drew Greenblatt dribbles up the field in a game this season.



BLUE & GRAY SPORTS



Girls Soccer Closes Out Season

By: Colleen Dickenson



As the school year at Manasquan High School progresses, the girls' soccer team's season has come to a close. This year, they finished with a 4-12 record, which put them in fifth place overall in the A Central division in the Shore Conference. Even though the record does not show it, the team played a great season with many close matches. Coming off a 5-12-1 record last season, the team was looking to make changes this season to improve.

"There is definitely more comradery between the players this year, but we lost a lot of seniors," Ava Chiarella, a sophomore forward, commented about the team. "People have stepped up this year."

Girls' soccer suffered a few tough defeats along the way, such as an 8-0 loss against Jackson Memorial. But a highlight was winning two exciting games in a row, both on our home field.

In the first game, on October 4th, Manasquan defeated their opponent, Long Branch, 2-1. Mary Kin-

neally and Ava Chiarella scored one goal apiece, which helped secure the win for the Warriors. Noelle Johnstone, the Manasquan goalie, had four saves. The girls' soccer team carried this energy with them into their second game, where they outscored Point Pleasant Beach in a 2-1 match. Abby O'Shea scored a goal in the first half, giving Manasquan an early lead. Point Pleasant Beach countered with a goal of their own, but Paige Reichey scored for the Warriors, resulting in the win.



Even though the team only won a few games, they scored 14 goals this season, and in many of their defeats, they only lost by one or two goals. On top of that, the girls' soccer team beat two opponents, Holmdel and Raritan, that they lost matches to last season. They are optimistic about next season, and they hope that they can improve their record to show their true skill.

"I think we will be good next year," Ava added, looking forward to next season. "We are only losing a few seniors, and there are a few incoming freshmen who are really talented."

Boys Soccer

continued from previous page

Shore Conference all stars were: junior Tommy Johnson, and seniors Drew Greenblatt, Rich Maloney and Joe Weinstein. Congrats to them and all the boys soccer team.

start to the season, the boys needed to win games against Monmouth and Raritan just to get into the SCT. They did, and then got hot, defeating Toms River North, Marlboro, Southern, and CBA to reach the finals. On the season, a number of players were recognized for their fine work.



BLUE & GRAY SPORTS



Page 30

New School Year, New Varsity Sport for MHS

By: Michaela Pollock

What started as a fun tournament created by the Life is Good Club is now a first-time varsity sport here at Manasquan High School. Led by Mrs. McHugh, the girls' volleyball team played their first season and ended with a 2-6 record.

"We did a lot of pick-up games, so we weren't that well known, but once we get put into a division in the Shore Conference, it'll help a lot with getting the word out that Manasquan has a volleyball team now," said Mrs. McHugh, who has been the advisor of the volleyball team since it's popular club days.

With an overwhelming turn out of 43 girls, Mrs. McHugh had to create a JV team along with the varsity team. Many of the girls were inexperienced at the true game of volleyball and merely tried out to see what this new MHS sport was about.

Senior Camryn Rothery was on the original club team for volleyball and was excited to participate in the first season. "I never thought it would turn into a team while I was in high school, so it was a really cool experience despite the disappointing outcome with winning," she said.

Despite not being apart of a division this year, many teams were quick to compliment Coach McHugh on the impression her brand new team made. As for the future, the team will continue to train and prepare for next season when they're placed into a specific division and will compete for their first ever shore conference title.



Top (from left to right): Senior Amanda Fierro, Freshman Alexandra Loucopoulos, Freshman Ella Herbert, Junior Ana Marziano, Junior Claire Jacobus, Junior Mackenzie Wiseman, Sophomore Olivia Ottaviano; Bottom (from left to right): Coach McHugh, Junior Kara Geantasio, Junior Riley Forrester, Senior Camryn Rothery, Junior Lizzie Walker, Junior Brooke Stark, and Senior Greyson Paul.



BLUE & GRAY SPORTS



Field Hockey Wins First Round Game

By: Ryan O'Connor



The Manasquan Warriors are all smiles after their win against Manchester

The Manasquan Girls Field Hockey team recently concluded another successful season. The girls had a record of 3-13. Their three wins were against Holmdel, Raritan, and in the first round of the state tournament on Tuesday, October 22, Manchester.

Their win over Manchester in the first round of state's was most exciting. The Manchester Hawks (9th seed) were a very fair and even match for the Manasquan Warriors (8th seed). They battled with intensity all game long, but no goals were scored. The game ended in a 0-0 tie and went into overtime. Freshman Chase Hearon scored the game winning goal, assisted by sophomore Colleen Dickenson.

The team hoped that coming off a win would help them in their second round game on Friday, October 25. Unfortunately, the girls fell to Lawrence by a final score of 5-0. This game was the last of the season for the Warriors.

Most of the girls agreed that their best game was against St. Rose. The game

ended in a score of 2-2 and went into overtime. Despite the fight Manasquan put up, St. Rose took the win. The girls said it was their best game this season because not only did they work hard, they also worked together. "I wish our efforts resulted in a win, but we really did come together as a team," sophomore Anna Bea Koenig said.

"We've had a slow start to the season, but it's a year for us to rebuild the team after the loss of our seniors," Dickenson commented. Her teammate Ginger Brown agreed, adding that, "A lot of girls will come back next year and work harder to make it a better season."

Despite the difficult season the girls faced, the team continued to work together and have a positive outlook. JV player Joy Nolan said that "Varsity and JV usually practice together and then separate. This helps us to improve our game by being around Varsity and learning from everything they do." Other girls on JV agree that practicing with varsity helped them get better. Fellow JV teammate Mary-Pat McManus says she "looks up to the seniors on Varsity because they have such passion for the game."

Other girls on the JV team agree, saying that they especially look up to the captains: Jane Antonucci, Gianna Attardo, and Ali Presbrey. All players hope to follow in the seniors' footsteps next season.





BLUE & GRAY SPORTS



Page 32

Flippin' out for MHS Gymnastics

By: Michaela Pollock

The Manasquan High School Gymnastics team has become one of the most prominent fall sports teams for the past two years, even though they are often, unfortunately, overlooked. These girls walk through the halls going unrecognized. They go to their meets to find not one MHS student cheering them on, but still, they pride themselves on their unbelievable skill, talent, and of course, their sparkling (literally) leotards.

Just a few short years ago, the gymnastics team was suffering a shortage of girls and devastating losses, but in the past two years they've become a Cinderella team, taking home their first division title in 2018. This year, they're excellent again, holding a winning record of 8-2 as of October 18.

The team took their first ever win against Wall High School on October 3, with a score of 100.45.

Senior Jessie Meyer led the team in vault, beam, and her floor routine with scores of 9, 9.2, and 8.8. Jessie has been a gymnast since she was a little girl in baby classes at the Little Gym in Manasquan. Unfortunately, this will be her last year of "feeling like she can fly" and she will be trading her leotard for books when she attends college in the fall.

"It just takes a toll on your body and I want to focus on my studies more when I'm in college," Jessie said when she addressed her future with gymnastics.

Along with Jessie are seniors Luci Lisko and Ella Hayes who have been on the MHS gymnastics team since freshmen year. Together, they help to guide the underclassmen and show them what the team is about as well as preparing them to take over come fall 2020.

Ella used her memories from being an underclassman on the team to help her teammate's confidence: "When we were underclassmen it was difficult to understand how high school gymnastics works," she said. "But



Above (from left to right: Senior Jessie Meyer, Sophomores Brooke Kaplan and Cassandra Seeley, Seniors Luci Lisko and Ella Hayes, and Freshman Erin McCusker); The girls before their meet against Wall High School

we had help from the juniors and seniors. I want to be just like them."

Unfortunately, Ella will be giving her advice from the sidelines as her team competes in the Shore Conference championship and the state sectional due to an injury, eliminating her from competing. Although she qualified for both individually, she's just happy she won't have to let her team down since their regular season is officially over.

MHS gymnastics will continue to thrive over the next few years with the amount of talent coming from the younger girls. Coach Michaela Read will continue to train these girls to dominate on every level against every team.



BLUE & GRAY SPORTS



Cross Country Strides Toward a Successful Season

By: Colleen Dickenson

The Manasquan Cross Country team displayed a strong performance this season, placing at many meets and qualifying for championships. The boys' team, coached by Mrs. Morris, and the girls' team, coached by Mrs. Festa, have both been successful this fall, and have shown their talents at recent meets.

"Even with a small team, each girl performed their best," said Mrs. Festa. She highlighted senior Lindsey Field as a strong runner, as well as freshmen Lindsay Hickman and Ellie Feuster.

On Tuesday, October 15th, at the Monmouth County Cross Country Championship, the Manasquan boys earned their spot in the Shore Conference Championship due to the strong performances of a few stand-out runners. Bryan Hickman, a junior, finished in 33rd place for the Manasquan boys, with a time of 17:38. He was soon followed by junior Bryce Ridge, who placed 74th, and Kellen Drawbaugh, who finished 85th. Their impressive performance led the team to place 15th overall, and helped to obtain the final spot for the Shore Conference Championship.

This meet also saw plenty of talent from the Warrior's girls' team. Lindsey Field, a se-

nior, placed 25th in her race, with a time of 20:44, and advanced to the Shore Conference Championship. Additionally, Ashleigh Sharp and Jillian Spalt represented the Warriors when they ranked 63rd and 90th, respectively. In the freshman race, Lindsey Hickman finished in 10th place and Eleanor Feuster placed 14th, promising a strong future for the girls' cross-country team. Mrs. Festa also commented that next season they should be successful, as they are only losing two seniors and have two strong freshmen.

The Manasquan Cross Country team will finish out their season when they participate in the NJSIAA CJ II Sectional Meet on Saturday, November 2nd, and the NJSIAA CJ Group II Meet on Saturday, November 9th. This will lead to the NJSIAA Meet of Champions on Saturday, November 16th in Holmdel, where our cross-country runners can show their running skill to many other talented runners in the area.



Junior Bryan Hickman crosses the finish line in a race earlier this fall.





BLUE & GRAY SPORTS



Page 34

Warriors Wrap Up Season of Learning

By: Eden McBride

MHS Football struggled throughout the 2019 season, but was recognized for playing quality rivals such as Red Bank Catholic and Donovan Catholic, and qualified for the state tournament.

They lost in the first round, a tough game against Delran on November 14, by a score of 29-14.

They ended the season with a close loss to Wall, 13-6, on Thanksgiving.

Wall is undefeated this year, so Manasquan knew they were in for a hard game. Still having a chance to win in the last quarter and keeping the game close was a small victory for the Warriors.

"They did everything they

could," Coach Price told the Coast Star.

Two straight wins in October helped Manasquan to make the playoffs. In two tough, defensive battles, the Warriors defeated Holmdel 16-6 and Pinelands 10-8.

Prior to that, the Warriors came into their game against Donovan Catholic with a 1-3 record, with a 12-0 win over Central Regional. There was only one touchdown against Donovan, scored by Tyler Callahan who went 35 yards after an accurate throw from Cam Teza. They suffered their worst loss of the season that night, with the final score being 42-6.

Their first game of the season against Red Bank Catholic resulted in a 7-0 loss. The boys lost their next two games against Red Bank Regional with a 21-7 final score and Lacey which ended 7-6. The players' abilities to make smooth plays have been noticed in every game, but not consistently enough to win games.

With tough losses being a let down for the team, there was



The Warriors discuss their next play in a game at Lacey on 9/27.

never any quit. They rebounded for wins over Holmdel and Pinelands to reach the playoffs, a good achievement for a young team.

While the players refuse to make excuses, many of the players also suffered injuries this season.

"The injuries have been really impactful this year," said student trainer Daphne Nesnay. "We lost one of our linebackers, Shayne Leddy, to an ACL tear, and he really set a strong edge."

With many sophomores already playing on varsity, and not too many graduating seniors, the team hopes to turn things around next year, and return to their championship level of past years.

Below: quarterback Cam Tezza breaks free for a score against Delran in the state playoffs.



D1 SIGNING DAY



ALEX GALVAN - UNIVERSITY OF LOUISVILLE BASEBALL
“Louisville is a good school with a good environment. They have awesome coaches and a great baseball team.”

TIMMY McENENY - CORNELL UNIVERSITY BASEBALL
“It’s an awesome school and you’re getting the best of both worlds with good academics and sports.”

LINDSEY FIELD - MERRIMACK COLLEGE CROSS COUNTRY

“When I visited it just seemed like the perfect fit for me because it’s small, they have a great track program and it’s in New England and I’m a big Patriots fan. It’s a great school.”

*The heart of a
Warrior
is formed within
these walls and will
beat for a lifetime.*



HELENA MORRISON - AMERICAN UNIVERSITY GIRLS LACROSSE

“I knew I wanted to go to AU after a lacrosse clinic. The coaches were supportive and made me feel like apart of the team. I researched AU later and found that it was the place that would help me thrive not just in athletics, but academics too.”

By: Michaela Pollock



MATT FRANZONI BOYS LACROSSE

“I really liked the campus and the coaches. The lacorrse team won their conference last year, so they’re good. They also have awesome academics.”



Manasquan High School

Fall Sports

